

Hello 2008 STORM Team Captains!

Another STORM is about to blow in and we are pumped to have you and your teams take it on! We are looking forward to a great weekend along the Eastern Shore! This Captain's Communication reveals some vital information that you should pass along to your teammates and support crews in helping to plan for what the STORM has to dish out:

1. Maps
2. Cyclocross Bikes
3. Portage Wheels
4. Kayak Rentals
5. Race Hotels
6. Sat. night for Support Crews
7. Team Race Check-In
8. Money
9. Post-Race Party

### **1. Maps**

The maps for the STORM will be using two different scales - 1:24000 and 1:35000. The ARequip.com plotters we have given out in the past do not have a 1:35000 scale. Come prepared with a plotter that has that scale or to improvise one using the scale at the bottom of the map.

### **2. Cyclocross Bikes**

Cyclocross Bikes will not be allowed for this year's STORM for two reasons. First off we are trying to keep the race fairly competitive. Very few adventure racers have made the cyclocross investment. Secondly, we'd hate to break your bike on the surprise terrain.

### **3. Portage Wheels**

Work smarter not harder right? Well portage wheels have been known to make certain legs of a race easier on teams; therefore, we'd recommend them for this race.

### **4. Kayak Rentals**

For any teams who need a good kayak for the STORM, Dave Burton with Southeast Expeditions is renting kayaks for the race. Southeast Expeditions can be reached at (757)331-2680  
[http://www.sekayak.com/VirginiaKayak/SouthEast\\_Expeditions.html](http://www.sekayak.com/VirginiaKayak/SouthEast_Expeditions.html).

### **5. Race Hotels**

There are still rooms available at the Best Western (757) 442-7378  
<http://book.bestwestern.com/bestwestern/productInfo.do>

And the Fisherman's Lodge (888) 442-7199 (ask for Elisha) <http://www.fishersmanslodge.com>

Side Note: We are aware that there was a team who tried to contact the Best Western and was initially told that there were no rooms left. That was a mistake and they apologize to whoever called. When calling one of the above hotels, please let them know you are participating in the HRAdventure STORM the Eastern Shore race to get the negotiated rate and any rooms that are reserved.

If both of the above hotels are fully booked, the new Holiday Inn Express in Exmore is a good choice (800)448-2296 <http://www.hiexpress.com/h/d/ex/1/en/hotel/exrva?requestid=3240235>

## **6. Saturday Night/Support Crews**

There will be a fair amount of 'downtime' for support crews on Sat. evening/night. For any support crews that do not enjoy camping out at a TA, we would recommend that they also have a room for Sat. We will also be handing out plenty of local information, maps, and suggestions of places to eat and visit after the race has started. Teams will be better able to plan things out after receiving race details at team check-in.

## **7. Team Race Check-In**

Team Race Check-In will run from 4pm-8pm at the Cape Charles Gazebo on the beachfront. Coordinates for Google or Yahoo Maps are 37.267971,-76.022901 - <http://maps.google.com/maps?f=q&hl=en&geocode=&q=37.267971,-76.022901&ie=UTF8&ll=37.267769,-76.022902&spn=0.012551,0.019226&t=h&z=16>

Come prepared for gear and navigation checks. Teams will receive most maps and the initial set of coordinates at check-in. Once teams have completed the check-in process they will be free to leave. The team race brief will be held on Saturday morning prior to race start 0900. The race start location will be revealed at the check-in.

## **8. Money**

Just a reminder: the Chesapeake Bay Bridge does require **\$12 cash** or EZ Pass in order to cross. Also, the STORM course does allow plenty of opportunities for side stops into gas stations, convenient stores, and fast food restaurants.

## **9. Post Race Party**

Per tradition, there will be a post race party held at Kelly's Gingernut Pub in Cape Charles beginning at 11am on Sunday. We will be picking up the tab for all racers and volunteers, but unfortunately we cannot swing it for support crews. Support crews and guest are welcome and encouraged to attend the post race party but will be required to pay for their own food.

We are looking forward to seeing everyone out there to charge through the last race of HRAdventure's 2008 season! Let us know if you have any questions or concerns,

Pam and Mike