

## Team Captains!

This is the final Captain's Communication for the 2008 STORM! If the weather for next weekend is anything like this past weekend, we are in for great race conditions! (Keep those fingers crossed big time!) Until then, here are some final notes to help with preparations:

1. Final Team List and Team #'s
2. Sails and Kites
3. Hotels
4. Support Crew Information
5. Health Waivers-Online
6. Last Call for emailing HRA

### 1. Final Team List and Team #'s

Team #			Team Name
1	3-Person Team	Coed	Bike Doctor/Calleva
2	3-Person Team	Coed	Clip, Splash & 5-0
3	3-Person Team	Coed	Team Outcasts
4	2-Person Team	Coed	Muddskippers
5	3-Person Team	Coed	NC Adventure Racers
6	3-Person Team	Coed	Team Chaos
7	3-Person Team	Coed	The Elephant Pusher, Underdog and Miss Polly
8	3-Person Team	Coed	Three Paddlers
9	2-Person Team	Coed	Untamed Adventure
10	4-Person Team	Coed	YeRen ASR-AI Ataque!
11	3-Person Team	Coed	Yeren ASR-To Be Determined
12	2-Person Team	Male	Team 234
13	4-Person Team	Male	Accidental Discharge
14	2-Person Team	Male	Blind Mice
15	2-Person Team	Male	Factory Refurbished
16	2-Person Team	Male	NavyAR
17	3-Person Team	Male	Off The Chart
18	2-Person Team	Male	ShandyGaf
19	2-Person Team	Male	Trail Dogs

### 2. Sails and Kites

In an effort towards keeping a safe fair racing field, sails and kites will not be permitted during the paddling sections of the STORM.

### 3. Hotels/Houses

Anyone who has not yet made reservations for Friday and possibly Saturday night for the race, please refer to the STORM webpage for suggestions and contact information.

[http://www.hradventure.com/Race\\_HQ/2008STORM.htm](http://www.hradventure.com/Race_HQ/2008STORM.htm)

The hotels are all located within reason to the race start, are all nice, and all are within the same price range. (Side note: the Holiday Inn Express is *brand new* as of this year.) Some teams are looking to rent houses for the weekend in Cape Charles. If this sounds like a good decision for your team and support crew, here is a helpful link

<http://www.vacationrentals.com/vacation-rentals/Cape-Charles-Virginia.html>

**4. Support Crew Information**

After some reshuffling of information, we have decided to give support teams their race information at team check-in on Friday night. Also, please make sure your support crews come prepared for the weather, whatever is dished up race weekend; they will be out there in it too.

**5. Health Waivers-Online**

We've posted the HRA Medical Information form online for those interested in getting a jumpstart on race check-in. Additionally we've posted the Race Liability and Release form for those who would like to read it prior to race check-in. In an attempt to save trees, we prefer to have racers and support crew members sign the Race Liability and Release form that we will provide at race check-in. However, each racer and support crew member will need a unique medical information form.

[http://www.hradventure.com/Race\\_HQ/2008STORM.htm](http://www.hradventure.com/Race_HQ/2008STORM.htm)

**6. Last Call for emailing HRA**

If you have any questions or comments Tuesday is the deadline to get them to us via email. We will be heading up to the Eastern Shore and will not have access to a computer. If you need to reach us after Tuesday, please call.

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Mike (757) 339-1637