

## Final SPAR Captain's Communication

This is the final Captain's Communication for the 2008 SPAR. If you have not already read and shared the first Captain's Communication with your team, now is the time!

[http://www.hradventure.com/Race\\_HQ/2008SPAR.htm](http://www.hradventure.com/Race_HQ/2008SPAR.htm)

In this communication we will discuss:

1. SPAR Venue
  2. Race Morning Agenda
  3. Medical Waivers and Liability Forms
  4. Rental boats
  5. Team number assignment
  6. O Bounds - Will Ramos and Brian Knight
  7. Family/Friends
1. Yeah you might have guessed it from the posted pictures or from the message board traffic but to formally announce it - The race location for the 2008 SPAR is New Quarter Park in York County, VA. Click the link to get locations to the park.  
[http://www.yorkcounty.gov/parksandrec/parks/directions/dir\\_nqp\\_web.pdf](http://www.yorkcounty.gov/parksandrec/parks/directions/dir_nqp_web.pdf). We have listed a few hotels on the SPAR webpage that are near the park for anyone interested.
  2. On the morning of the SPAR, New Quarter Park will open to racers at 8:00AM. Any racers arriving prior to 8:00AM will not have access to the central transition area until 8. Teams may enter the park and follow the main road until it dead ends at the main parking area. There will be a boat staging area outside of the central transition area. Teams will be directed where to stage their boats and paddling gear prior to heading to the Race HQ/central TA for team check in. Teams will leave their cars in the central TA. Each team is allowed no more than 2 cars in the central TA. All other cars must be left at the main parking area.
  3. The medical waiver and liability form are now available on the SPAR webpage. To save trees, we will have a copy of the HRA Liability form and a single sign-in sheet for this form at race check-in. Please only bring the Medical Waiver to race check in. We will have some medical waivers available at race check-in for individuals without access to a printer. The HRA Liability form is posted for racers to read in advance of race day.
  4. Following are the teams who have rented boats from Paul with Liquid Lessons. On the morning of the race Paul will be at the park's main parking area waiting to help you with receiving your boats. If anyone has any questions please call Paul ASAP! (757-617-1106)

Are We There Yet	No Clue
DC Dudes	Nurse and da old Mann
DFL not DNF	Ready or Not
Dos Amigos	Teammates (two canoes)
Evil Monkeys	Tehran Tigers
Godzilla	The Dudes
Gripped Films	Turn Right to go Left
Low Speed High Drag #1	Underdog and Miss Polly
Momentary Lapse of Reason	Walter, Donnie and the Dude
No Brakes	Woodbridge Warriors
  5. Below is the final team list for the SPAR. We have assigned each team their race number in advance. Please use this to your advantage to label your boats prior to race day. Teams

who have rented boats will be provided race numbers to tape to your boats once you have received them. This is to ensure that each team has their appropriate boats prior to getting in the water. Please label your boats in an easily visible location above the waterline.

### Beginner Course

Team		Team	
No.	Team	No.	Team
1	Are We There Yet?	9	Ready or Not
2	DC Dudes	10	Slow Pokes
3	Flat Tire	11	Team B
4	Get Juiced	12	Team Chaos
5	MOMENTARY LAPES OF REASON	13	Team HalfWayThere
6	No Brakes	14	TeamMates
7	No Clue	15	The Dudes
8	Orion	16	YeRen ASR What?

### Advanced Course

Team		Team	
No.	Team	No.	Team
17	BEER RUN	37	Nova Nuts
18	Blind Mice	38	Nurse 'N Da Old Man
19	CALM Storm	39	Science Rocks
20	Clip & Clipless	40	Team ABC
21	Crash & Splash	41	Team Kona
22	DFL But Not DNF	42	Team Punishment
23	Directionally Challenged	43	Team SDD
24	Dos Amigos	44	Team Trailblazers
25	Encompass Adventure	45	Tehran Tigers
26	Evil Monkeys	46	Too Many Kids
27	Galaxy FU	47	True North
28	GO Fast Take Chances	48	Turn Left To Go Right
29	Godzilla	49	Two Jedi
30	Gripped Films / Kenda (GFK) Racing	50	Underdog and Miss Polly
31	Low Speed High Drag # 1	51	Walter Donny and the Dude
32	Mitochondrial momentum	52	Weirich & his babes + Skip
33	Mitochondrial momentum 2	53	Woodbridge Warriors
34	Muddskippers	54	Yeren ASR - To Be Determined
35	New World Runners	55	YeRen ASR- AI Ataque!
36	Not Dead Yet		

6. Will Ramos and Brian Knight from 0 bounds will be out for this year's SAPR. They are the official photographers for the Primal Quest. Take advantage of their incredible talents to get a team photo in front of the HRA banner to go with the race action shots. You can check out their work at <http://www.waramos.com/coppermine/index.php?cat=13>.
7. New Quarter Park is another of Virginia's incredible parks. Racers will be seeing A LOT of this park up close and personal. If you have any family and friends who would like to come out, we encourage them! Due to the fact that the SPAR will be using a central TA, spectators will have plenty of opportunity to catch all of the action! Again please limit the

number of cars to one spectator vehicle per team. We would prefer for spectators to car pool to the central TA.

We are super excited about seeing everyone out at the 2008 SPAR! We promise an adventure even if the weather is perfect! Let us know if you have any questions.

Happy Trails,  
Pam and Mike  
[www.hradventure.com](http://www.hradventure.com)